

POWER PLAYER

BUY NOW, WEAR FOREVER

Designer Nili Lotan opens her fourth store at The Royal Poinciana Plaza

New York-based women's ready-to-wear and accessories designer **Nili Lotan** has opened a store at The Royal Poinciana. The 1,300-square-foot space is the brand's fourth brick-and-mortar

location in the U.S. and will showcase ready-to-wear, accessories and the new holiday baby capsule consisting of two sweatsuit styles in a snow leopard print and a camouflage print. "I tailored the new Palm Beach store specifically to my clients who live there, curating an atmosphere where women can both shop and appreciate the décor, the art, the space itself," says the Israeli designer. "The new store will be another facet of my sensibility, where art meets fashion in an elevated yet nonchalant environment." Lotan, who worked on the design team at Ralph Lauren after arriving in New York



The short Cami dress



Nili Lotan

City, started her own label in 2003 with a six-piece capsule collection: three pairs of pants, two jackets and a skirt. "We started the first few seasons with pants and then evolved later into leather, outerwear and other categories including jeans," says Lotan. Over the last 18 years, the brand has garnered loyal fans like Jennifer Aniston, Rihanna, Karlie Kloss, Julianne Moore, Dakota Johnson, Maggie Gyllenhaal and Hailey Bieber. "From day one, I set out to design a wardrobe of luxurious, chic and timeless pieces that are informed by my lifestyle," says Lotan. We talked with the designer about her line and what's on tap for the year ahead. nilitotan.com



The Connor jacket



The Henry jacket



The NL Tote

What pieces have been your bestsellers over the years?

The Diane blazer, Daniel jacket and all of the cotton pant styles (Jenna, East Hampton, Cropped Military, Shon) continue to be bestsellers.

What categories can we expect next?

This year, we launched two styles of handbags: the NL Tote and the Keith Crossbody. Next year: shoes, swimwear and menswear.

What's been the secret to your success?

My designs don't have an expiration date and my philosophy is buy, wear for many years and keep adding more pieces to create a diverse wardrobe. My collections are all about wardrobe building, and I've grown my product offering organically over the years to meet my needs, slowly adding new categories when I feel it's the right time.

VINO VERITAS

As a celebrated sanctuary in Palm Beach, **The Breakers** resort offers guests coastal glamour, unparalleled ocean views and, now, a new wine program to boot. Wine director and Master Sommelier Virginia Philip has been working tirelessly since joining the resort in 2002 to elevate the offerings onsite. Born from Philip's passion to elevate the caliber of house wines, she has enlisted several Breakers colleagues to to customize the finest proprietary wine blends exclusive to this iconic oceanfront resort. The team has blended and rebled each varietal of Languedoc wine—chardonnay, sauvignon blanc, pinot noir and cabernet sauvignon—until perfect. In 2014, Philip began a new partnership with Mas La Chevalière, a vineyard in southern France, where 36,000 custom crush bottles of the four wines are produced each year, all of which are available to enjoy at The Breakers. Philip also oversees the wine-by-the-glass and wine flight programs at Via Flagler's newest restaurant, Henry's Palm Beach. Henry's four unique wine flight experiences cover the regions of France, Italy and California and are designed to be a wine-profiling opportunity to pique guests' interest in wine, to make the educational component fun and enjoyable and inspire guests to want to return. thebreakers.com



The Breakers custom-blended wines

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DANCE BODIES

Dr. Kathleen L. Davenport is a sports, performing arts and dance medicine physician and the new Director of Physiatry at the Hospital for Special Surgery in West Palm Beach. "Physical fitness can benefit mental fitness, and vice versa," explains Dr. Davenport. "Many health conditions can be mitigated or prevented with attention to fitness, diet, stress and sleep. It really can be optimizing the most basic elements that make the largest difference in our health." As the company physician for Miami City Ballet and a former dancer



A dancer doing dance-specific motion analysis at HSS

herself, Dr. Davenport also works closely with dancers. This winter, the famed ballet company returns to in-person performances after a nearly two-year hiatus. "Many people have changed their training during COVID-19 and are just now returning to some of their former activities," says Dr. Davenport. "Even if you have kept physically fit, it can be a high-risk time for the body to transition back to the full volume of a sport or dance style that had been previously performed. It's essential for my dancers, performing artists and patients of all activities to ramp up gradually to their former level of exercise." So how does she suggest doing this safely? "We generally recommend 20 minutes of exercise per day, balancing cardio (running, elliptical, biking, swimming), core strengthening (Pilates), balance (yoga) and weights," she explains. "In terms of stress reduction, I recommend meditation and prioritizing sleep as an important element of health." hss.edu

Modern dancers on stage



The dining room at The Flamingo Grill



The veranda at The Flamingo Grill

EAT HERE NOW

MAJOR FOOD NEWS

The **Boca Raton** is reopening after a \$150 million transformation for its 100th anniversary. **The Flamingo Grill**, a Major Food Group restaurant, is the first of several new culinary outposts slated to open within. Designed by Rockwell Group, the Flamingo Grill boasts a bright, tropical aesthetic with custom patterned floor tiles, white vaulted ceilings and a covered terrace overlooking the golf course. Across its lunch, sunset and dinner menus, the restaurant serves refreshing cuisine including Montauk pearl oysters, Mediterranean branzino and steak tartare. The partnership between The Boca Raton and Major Food Group will continue to unveil a number of restaurants. thebocaraton.com

ROOM REQUEST

JUST ADD WATER

With new culinary experiences, an updated pool oasis and much more, the reinvented **Eau Palm Beach Resort and Spa** is a must-visit Palm Beach retreat. Following the multimillion-dollar transformation, the resort will unveil a glittery new Champagne lobby bar, laid-back coffee bar and chic spa terrace at Eau Spa. The property tapped Palm Beach-based interior design firm Bilkey Llinas Design to bring the brand's vision of a vintage-meets-contemporary style to life. Along with elevated indoor food and beverage options, the refreshed

outdoor experiences will transport guests to the French Riviera. The two palm-fringed pools will be accented by lounge areas cloaked in a calm, neutral color palette and lush, tropical landscaping by EDSA will offer a relaxed Riviera vibe. In addition, a seated bar will be added to the adults-only tranquility pool where guests can savor cold-pressed juices, spirited cocktails and an all-day food menu. Opt for a table at the al fresco dining area or cozy up in a private cabana for a luxurious experience at Eau Palm Beach. eupalmbeach.com



The resort pool deck at Eau Palm Beach

THE FLAMINGO GRILL: MICHAEL STAVARIDIS

The dining room at Ember Grill



EAT RAY LOVE

Dining in Delray Beach just got a whole lot more exciting



The bar at Rosewater Rooftop

The Ray, a 141-room tropical luxury hotel just two blocks off Atlantic Avenue in the heart of the funky Pineapple Grove Arts District, is a modern oasis that flawlessly blends chic design with sustainability. Delray Beach-based Menin Development opened the LEED Silver-certified hotel as a way to reinvigorate the area, and its two new eateries are no

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exception. "We have a unique opportunity to create memorable experiences for the city in a variety of ways," says CEO and founder Craig Menin. "Our community is growing with such speed and diversity," says Menin. "Delray Beach is going through a development renaissance. That said, we want to retain the character of our beach town that attracted us to

live, work and develop here." **Ember Grill** celebrates classic American cuisine and adds a sustainable twist with local ingredients. Designed by Studio Munge, the open kitchen, modern dining room and plush terrace at Ember offer visitors a chic tropical atmosphere for dinner, drinks or light bites. Studio Munge also brought their talents to **Rosewater Rooftop** to create a stunning panoramic eatery. Spanning 22,000 square feet, the indoor/outdoor space showcases a pool, pergolas and lush tree canopies for shade. Rosewater offers a robust food menu to take you from a day by the pool to a romantic date night serving up local snapper ceviche and inventive sushi. therayhotel.com